



## MICROBLADING PRE-PROCEDURE ADVICE

### **Please read the following advice carefully and sign at the end**

- Microblading procedure normally requires multiple treatment sessions. For best results, clients will be required to return for at least one re-touch appointment. This will take place between 6-8 weeks after the initial procedure. Those with oily skin may require an additional touch up. Please be aware that color intensity will be significantly darker and sharper in the several days immediately following the initial procedure and will reduce by 30-50%.
- Although numbing cream is used during the procedure, sensitive clients may still feel slight sensitivity/discomfort. Delicate or sensitive skin may be red and/or swollen after the procedure.
- Please come to your appointment with clean skin, free of brow makeup.
- Please do not drink alcohol 24 hours prior to the treatment.
- Where possible, try to avoid the following herbs and spices prior to your appointment:  
Black pepper, Cardamom, any member of the Zingiberaceae (Ginger) family, Cayenne, Cinnamon, Garlic, Horseradish, Mustard
- Please avoid blood thinning medications 24 hours prior to treatment. These include aspirin, ibuprofen, advil and other anti-inflammatory drugs. **Never stop taking medication prescribed by your doctor without his or her consent.**
- Brow waxing may be performed no less than 48 hours before the procedure.
- Electrolysis treatment should be undergone no less than 5 days before the procedure.
- AHA products and retinoids should be avoided no less than 2 weeks prior to the procedure.
- Microdermabrasion should not be performed within 2 weeks of procedure.
- Chemical and laser peels may occur no less than 6 weeks prior to procedure.
- Please wait 2-3 weeks if you have had Botox injections before microblading.

### **Topical Anesthetic Advice**

- **Allergic reaction** can occur from anesthetics used during the procedure. If you do suffer from an allergic reaction, you should contact your doctor immediately. Allergic reaction response may show through redness, swelling, rash, blistering, dryness or any other symptoms associated with an allergic reaction.
- **Numbness** – We cannot accept responsibility if the area to be treated does not respond to the numbing cream. Each individual is different according to skin type. Some clients report the area to be completely numb, while others may experience some discomfort.
- **Procedure** – For microblading procedure, a numbing cream/gel is used. The products are formulated to be perfectly safe and can be purchased over the counter from any pharmacy/chemist. The anesthetic is placed over the treatment area for 20-30 minutes then carefully removed prior to treatment. As a result of the treatment, combined with the use of the anesthetic, you can expect to experience some redness/swelling that can last 1-4 days. You should always follow your post procedure advice and after care for the best results.

### **Contraindications for Microblading**

- Liver disease – high risk of infection
- Pregnancy/Nursing
- Accutane use within 6 months-1 year
- Compromised skin near brow area
- Chemotherapy/Radiation
- History of keloid scarring
- Cold sores/fever blisters – please take an anti-viral prior to treatment
- Hormone therapies – can affect pigmentation and/or cause sensitivity
- The following medical conditions require a note from your doctor giving consent  
Diabetes Type 1 and 2, high blood pressure, auto-immune disease, thyroid / Graves' disease  
Any other medical condition that causes slow healing or high risk of infection

**I have read and full understood the above information provided and any risks involved with the use of topical anesthetic and I therefore consent to the use of the anesthetic for the microblading procedure. I agree to follow pre- and post-procedure advice closely**

Client Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_

Therapist's Name \_\_\_\_\_ Signature \_\_\_\_\_ Date \_\_\_\_\_